

ADHD PREP

DIVA-5 Self-Check Assessment Report

FREE REPORT - No Payment Required

Assessment Information

Assessment: DIVA-5 Self-Check
Date Completed: June 26, 2026
Time Completed: 07:32 PM
Source: DIVA Foundation

Results Summary

Metric	Score	Status
Total Score	53/72	74%
Severity Level	Above Threshold	-
Clinical Threshold	24	Met

Interpretation

Your score of 53 meets or exceeds the clinical threshold of 24. This suggests further evaluation may be beneficial.

Category Breakdown

Category	Average Score
Inattention	2.89
Hyperactivity	2.40
Impulsivity	3.75

Complete Assessment Responses

All questions and responses are listed below for your healthcare provider's review.

Inattention

#	Question	Response
Q1	Do you often fail to give close attention to details or make careless mistakes?	Often
Q2	Do you often have difficulty sustaining attention in tasks or activities?	Sometimes
Q3	Do you often not seem to listen when spoken to directly?	Sometimes
Q4	Do you often not follow through on instructions and fail to finish tasks?	Very Often
Q5	Do you often have difficulty organizing tasks and activities?	Very Often
Q6	Do you often avoid or are reluctant to engage in tasks requiring sustained mental effort?	Rarely
Q7	Do you often lose things necessary for tasks or activities?	Very Often
Q8	Are you often easily distracted by extraneous stimuli?	Often
Q9	Are you often forgetful in daily activities?	Often

Hyperactivity

#	Question	Response
Q10	Do you often fidget with or tap hands or feet, or squirm in seat?	Sometimes
Q11	Do you often leave seat in situations when remaining seated is expected?	Sometimes
Q12	Do you often feel restless?	Often
Q13	Do you often have difficulty engaging in leisure activities quietly?	Rarely
Q14	Are you often "on the go" acting as if "driven by a motor"?	Very Often

Impulsivity

#	Question	Response
Q15	Do you often talk excessively?	Very Often
Q16	Do you often blurt out an answer before a question has been completed?	Very Often
Q17	Do you often have difficulty waiting your turn?	Very Often

#	Question	Response
Q18	Do you often interrupt or intrude on others?	Often

Important Disclaimers

- This assessment is a screening tool based on DIVA Foundation and is not a diagnostic instrument.
- Results should not be used for self-diagnosis or to replace professional medical evaluation.
- A positive result suggests you may benefit from further evaluation by a qualified healthcare professional.
- This report is for informational purposes only and should be shared with your healthcare provider for review.